



# Children's Medical Aid Foundation

*Bridging healthcare needs and services in Nepal.*

## **Discover Nepal October 9-29, 2011** **Continuing Education Course**

### **Course Description:**

Travel through Nepal for 10 days exploring the countryside, visiting a monastery, a temple, medical clinic and rural hospital. The trip involves interacting with the Nepalese people, developing insights into how culture, religion, spiritual beliefs, government and politics influence healthcare.

### **Objectives:**

Upon completion of the program the participant will be able to:

- Identify a minimum of 10 Nepalese customs and cultures that show respect while traveling.
- Demonstrate cultural awareness when interacting with the people of Nepal.
- Differentiate between religion and spirituality.
- Correlate religion and spiritual beliefs to healthcare in Nepal.
- Compare Western Medicine with Eastern Medicine.
- Analyze the role of healthcare within the political environment of Nepal.
- Articulate the role of Children's Medical Aid Foundation in Nepal.
- Analyze ethical dilemmas that healthcare providers might experience related to cultural and spiritual beliefs and access to healthcare.
- Develop an implementation plan for applying the knowledge acquired during this program to your life upon returning home.

### **Presenters:**

Carol Vernal, CMAF Founder & CEO  
Shankar Rai, MD

Debendra Karki, PhD  
Sylvia Bertram, RN, PhD

**Registration:** CEUs provider-approved by the California Board of Registered Nursing, Provider No. CEP14578 for 30 contact hours. The fee for the course is \$4,700. For more information, visit the CMAF website at [www.childrensmemaid.org](http://www.childrensmemaid.org) or call 707-938-1807.